

# Asthma Trainings for Healthcare Professionals



*Trainings deliver education on the current guidelines and resources for asthma diagnosis and management. Subjects include:*

- Diagnosing asthma
- Spirometry testing
- Asthma vs COPD
- Assessing level of disease severity
- Medication use and administration
- SMART and MART recommendations
- Prescribing valved holding chambers
- Educating patients
- Asthma Action Plans
- Assessing level of disease control
- Maine's Asthma Self-Management Education (ASME) Program

To learn more, contact:

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Sessions are for health care professionals and are no cost, in-person, customized to needs, and available with flexible scheduling. Sessions are offered in partnership with the Maine CDC Asthma Prevention and Control Program.

